



Woven Stitch Cowl

Knit Knook's 2021 Yarn Along the Rockies pattern (knit)



Description:

This is a simple knit cowl pattern that has a couple of variations. In addition, there is an alternate technique described below for those who want to learn something new or do something different. Worked in multiples of 12 (pattern uses multiples of 6 for the ribbing and multiples of 4 for the double woven stitch), this pattern can be adjusted to make a smaller or larger cowl, or to use any weight yarn.

Difficulty:

Advanced beginner – requires knowledge of knitting in the round on a circular needle.

Materials:

Pattern as written uses a 100% super wash wool sport or DK weight yarn with approximately 250-350 yards per 100g. Shop samples used 1 skein of Queensland Rainbow Beach sport weight yarn-100g, 328 yards (note that not all the yarn was used)

(Alternate technique: The Navajo 3-ply version uses 3 strands of lighter weight yarn-approximately 14 wpi, 750 yards per 50g. You will need a lace weight yarn and approximately 750 - 1,050 yards total.)

Size 3 16" or 24" circular needle for ribbing

Size 5 16" or 24" circular needle

Stitch marker

Tapestry needle for weaving in ends

Gauge:

Gauge isn't critical for a cowl, however, you should aim for approximately 6 st/1" to create a similar size as the samples and to use approximately the amount of yardage noted.

Abbreviations:

K = knit

P = purl

CO = cast on

BO = bind off

Wyib = with yarn in back

Wyif = with yarn in front

Size:

Adjustable for width and length. Pattern gives 2 size options – smaller length/circumference but wider (longer length/circumference but skinnier)

Instructions:

With smaller needles, CO 144 (252) st loosely. Join in round being careful not to twist when joining. Add stitch marker to note beginning of round (BOR).

Rounds 1 – 7: Ribbing – *K2, P4*, repeat * to * until BOR.

Change to larger needles

Rounds 8-9: Knit

Begin pattern-

Round 10: *K2 wyif sl2p * repeat from * to * until end

Round 11: Knit

Round 12: *wyif sl2p, wyib K2* repeat from * to * until end

Round 13: Knit

Rounds 14-89 (49): Repeat rounds 10-13 19 (9) more times (so you will do rounds 10-13 a total of 20 (10) times).

Or repeat these rounds until desired width is achieved. **Note: you may need additional yarn for wider cowls.**

Round 90 (50): Repeat round 10 one more time.

Round 91 (51): Knit

Change to smaller needles

Rounds 92-98 (52-58): Ribbing - *K2, P4*, repeat * to * until BOR.

BO loosely in pattern. Cut yarn leaving enough of a tail to weave in.

Navajo 3-ply knitting technique: Follow the pattern instructions above using a light fingering or lace weight yarn and triple the yardage noted. I used lace weight yarn and increased the weight by using the chained 3-ply or Navajo 3-ply knitting technique. Spinners may be more familiar with this chained ply method. This method allows you to triple the weight of yarn without having to use 3 separate balls of yarn. Knit Purl Hunter has a great video on YouTube that perfectly demonstrates this technique:

https://www.youtube.com/watch?v=gtMUTr_yvio

Designer's contact info:

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Copyright statement:

Pattern offered free for the 2021 Yarn Along the Rockies participants

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